HOW FAME TOOK SINGER VANCE JOY BY SURPRISE

HE'S STILL "SCARED OF PRETTY GIRLS AND STARTING CONVERSATIONS." PAGE 12

metro

BOSTON Thursday, May 21, 2015 www.metro.us | t: MetroBOS | f: MetroBoston

A haven to kick the habit

Addiction. Boston Mayor Marty Walsh announced plans for Boston's first centralized drug recovery program facility. PAGE 02

Renderings offer a glimpse at the future Dimock Center recovery facility. / NICOLAUS CZARNECKI, METRO

Grounded cruise ship heads to Boston

PAGE 04

What to do on your escape to the Cape

PAGES 14-15

New Bruins GM Sweeney with large workload

PAGE 20

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Stolen

BPD looking for artwork missing from BPL

Boston Police are investigating two works of art missing from the Boston Public Library.

The BPD Anti-Corruption Unit is looking into the disappearance of a Rembrandt etching valued between $20,000 and $30,000 and an Albrecht Dürer engraving of Adam and Eve worth more than $600,000. Staffers noticed the works were missing on April 8 and notified police.

Library president Amy Ryan said she hopes the two "significant pieces have simply been misfiled." **GLOBE**

Arrest

Driver charged in fatal hit-and-run

Boston police charged Gregory McCoy, 27, with killing a teenager in a hit-and-run in Dorchester.

McCoy was hit with two counts of leaving the scene of an accident with personal injury, one count of vehicular homicide and leaving the scene of an accident causing death.

Makeshift memorial at Talbot Avenue and Norwell Street in Dorchester. / NICOLAUS CZARNECKI, METRO

Teen Fritz Philogene was killed as a result of the crash at Talbot and New England avenues around 10 p.m. on Tuesday.

Court records indicate McCoy is homeless with a long criminal record. **METRO**

Addiction recovery agency to tackle drug dilemma

Opioids. The Mayor's Office of Recovery Services is the country's first municipal addiction recovery agency.

Boston Mayor Marty Walsh on Wednesday announced the building of the Dimock Center. / NICOLAUS CZARNECKI, METRO

Boston is trying to take a crack at the city's growing smack problem.

Mayor Marty Walsh announced the blueprint for the Mayor's Office of Recovery Services as Massachusetts and the rest of the nation face what the National Institute of Drug Abuse calls an "opioid addiction epidemic."

Walsh's office teamed up with Blue Cross Blue Shield in creating the nation's first municipal-based office to focus strictly on addiction and substance abuse.

"Eight months ago, there was a fear that we were going to have an Ebola outbreak," Walsh said. "We were getting doctors and hospitals ready. But at the same time, mothers were burying their kids, spouses were burying spouses and we were losing people every day because of a needle in an arm, or alcohol in a brown paper bag. We weren't worried about that epidemic."

Last year, Mayor Walsh's Office and Blue Cross found that outpatient and recovery service data were nonexistent in Boston and began collecting data.

The results of these studies found that alcohol and heroin are the substances of choice, and 11.3 percent of residents have substance-abuse disorders.

Ten percent of all Boston hospital emergency room visits are substance-abuse related, as are 5 percent of inpatient admissions.

But treatment in Massachusetts is a statewide system, and the new Office of Recovery aims to address the citywide struggles.

The Office of Recovery Services, which will operate under the Boston Public Health Commission, is part of the fiscal year 2015 budget with $300,000 earmarked to support its creation.

The goals of the program include improving existing facilities, creating a centralized information center for treatment availability and outpatient services, relapse reduction programs, and the expansion of public and private funding for local intensive care facilities.

"I'm passionate about helping the recovery community because I know what happens when somebody gets sober," Walsh said. "There are too many people counting on us."

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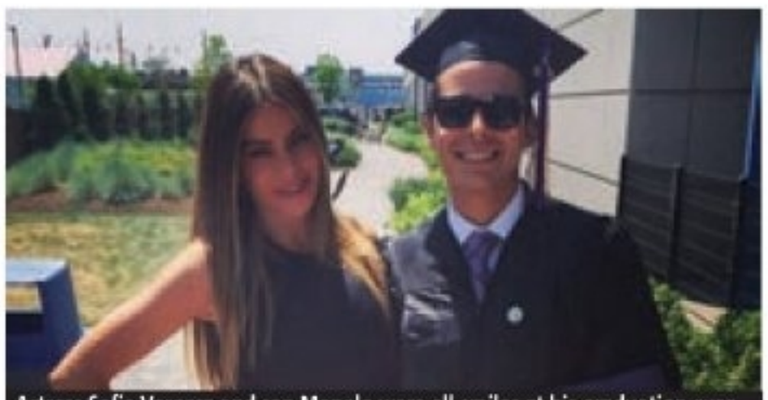
Actress Sofia Vergara attends Emerson graduation


Actress Sofia Vergara and son Manolo were all smiles at his graduation over the weekend. / @SOFIAVERGARA, INSTAGRAM

No, Boston, your eyes weren't lyin' if you thought you saw two of Hollywood's hottest stars on Newbury Street this past weekend.

Sexy Sofia Vergara and her hunky fiancé, Joe Manganiello, 38, were spotted strolling arm-in-arm down through the shopping mecca, People magazine reported.

The 42-year-old "Modern Family" actress was in town to see her son, Manolo Gonzalez-Ripoll Vergara, get his undergraduate degree from Emerson College.

Despite her fame, Vergara fit in easily with the rest of the springtime shopping crowd.

Quoted

"She was just smiling and happy like every other parent."

Attendee

"She was just smiling and happy like every other parent," noted one observer.

After the spotting on Newbury Street, People magazine reported the family had dinner and attended a birthday party for a pal at the Artisan Bistro at the Ritz-Carlton Boston Common.

Vergara hashtagged family photos #Emersongraduationweekend on Instagram.

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Cruise ship that ran aground heading to Hub

Trouble at sea. A luxury ship has been freed from a coral reef off the Bermudan coast.

A cruise ship that ran aground near Bermuda is shipping up to Boston after a temporary loss of power caused a steering system malfunction.

The Norwegian Dawn cruise ship got stuck on a coral reef for a few hours, but the 1,059 crew members and the 2,443 passengers were unharmed and the ship sustained no damage, according to the Boston Globe.

The ship ran aground on Tuesday and sailed off course into a reef about three miles off the coast of Bermuda. Once the tide came back in on Tuesday evening, the ship was freed from the reef. Tug boats and Bermuda authorities helped move the ship into safer waters.

Norwegian Cruise Line ships set sail out of the Drydock Avenue ports in South Boston and travels for a week to Bermuda and back. The ship was docked at Heritage Warf in Bermuda, underwent inspection and set sail Tuesday morning. The ship is fully operational now and all onboard services are working.

The Norwegian Dawn departs every Friday from Boston and the next voyage will leave as scheduled on May 22.

Passengers onboard were offered a 15 percent discount off of another voyage. GLOBE

The Norwegian Dawn, pictured, docked in Boston last June. / GETTY IMAGES

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Crime

Man arrested in Fitchburg murder

A Leominster man has been arrested for the shooting death last week of a Fitchburg man, which officials said appeared to have been drug-related.

Andrew Mathieu, 28, was arrested Tuesday night for the May 12 shooting of 24-year-old Roy Rivera, Worcester District Attorney Joseph D. Early Jr. said in a statement.

An investigation by State Police and Fitchburg police led to Mathieu's arrest, which occurred without incident, police said.

He faces charges of murder and carrying an unlicensed firearm, prosecutors said. GLOBE

State House

Senate nixes pot, oyster and tax cut proposals

Naming rights on New England's largest building, meals taxes on marijuana candy and a proposed study on whether oil industry profits should continue to fuel the state's pension fund all met their end without debate during Senate budget deliberations Tuesday.

With Senate President Stanley Rosenberg wielding the gavel, the body also summarily dispatched a Sen. Richard Ross proposal to offer a modest tax credit to encourage the repurposing of old oyster shells. SHNS

Chasing Life in Copley Square

Actress Italia Ricci as April Carver and Richard Brancatisano as Dominic Russo film a scene for the ABC Family show "Chasing Life" in Copley Square on Wednesday. / NICOLAUS CZARNECKI, METRO

Bin Laden fixated on attacking US interests: Documents

Intel. The documents were part of a cache seized by U.S. commandos who conducted the raid on bin Laden's house.

The compound of Osama bin Laden. / GETTY IMAGES

Osama bin Laden was fixated on attacking U.S. targets and pressured al Qaeda groups to heal local rivalries and focus on that cause, according to documents the United States says were seized in his hideout in Pakistan and released on Wednesday.

The documents published by U.S. intelligence also contained details of purported negotiations between al Qaeda, its allies in the Pakistani Taliban and representatives of Pakistani intelligence and what seemed to be an al Qaeda job application.

A July 2010 letter showed that bin Laden pressed al Qaeda in Yemen, one of the group's more active affiliates, to make peace with the government and focus on America.

Bin Laden's view was that Al Qaeda in the Arabian Peninsula (AQAP) ought to sign a truce with Yemeni authorities or arrange an accommodation in which Yemeni authorities would leave the group alone "in exchange for focusing on America."

"The purpose is to focus on striking inside America and its interest abroad, especially oil-producing countries, to agitate public opinion and to force the U.S. to withdraw from Afghanistan and Iraq," according to a summary of the letter by a bin Laden associate identified as "Atiyyah."

Also seized were official U.S. passport application forms, formal U.S. indictments of al Qaeda-related figures, U.S. government accounts of al Qaeda's organization and details of the U.S. Embassy in Pakistan's "Toys for Tots" program.

REUTERS

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Five things you need to know

New video surfaces of Freddie Gray arrest

A new video has surfaced revealing a key part of the arrest of Freddie Gray, the Baltimore black man whose death from injuries he sustained while in police custody led to days of protests and a federal investigation.

The video, shot by a bystander and posted on The Baltimore Sun's website on Wednesday, shows officers putting Gray in leg shackles and handcuffs before placing him back in a police van headfirst and on his stomach.

Gray died on April 19 from spinal injuries suffered during his arrest a week earlier on April 12. His death sparked protests and rioting in the largely black city and heightened national tensions over police treatment of minorities.

Officers arrested Gray in west Baltimore for possessing a switchblade knife. They put him in a transport van without securing him with a seatbelt, Baltimore State's Attorney Marilyn Mosby said this month in announcing charges.

The video lasts a few seconds and shows the van stopped a block away from the arrest site. Gray is halfway out of the wagon, his stomach flat on the floor and his legs hanging off the back. REUTERS

About 1,000 weapons found at Texas gang fight

About 1,000 weapons including firearms and knives have been recovered from the scene of a deadly Sunday battle between rival motorcycle gangs in the Texas city of Waco that left nine people dead, a police spokesman told CNN.

Gang members hid weapons in bags of potato chips and in bathrooms at the Twin Peaks restaurant, where they attacked each other.

"These were vicious gang members that were in our city," Waco police Sgt. Patrick Swanton said, adding an AK-47 rifle was among the weapons recovered. REUTERS

Man who flew gyrocopter to US Capitol faces up to nine and a half years in prison

The Florida man who flew a gyrocopter onto the grounds of the U.S. Capitol in April faces up to nine and a half years in prison after being indicted by a federal grand jury.

Douglas Hughes, a 61-year-old mail carrier from Ruskin, Florida, was indicted on six charges including violation of the registration requirements for an aircraft and violation of national defense airspace, the U.S. Justice Department said.

His April 15 flight was maybe the most high-profile of several recent security lapses in the nation's capital. REUTERS

Man tasered, arrested at LAX

A man who was not cooperating with Transportation Security Administration officers in a terminal at Los Angeles International Airport was tasered and arrested on Wednesday, an airport police spokeswoman said.

The man was taken to a local hospital for treatment following the incident, Los Angeles Airport police Sgt. Belinda Joseph said in a statement.

Joseph said the man, who was not identified by authorities, was not cooperating with TSA officers in a screening area of Terminal 6 at LAX. REUTERS

Second Marine dies after air accident in Hawaii

A second U.S. Marine has died after being injured when a military aircraft made a "hard landing" during a training exercise in Hawaii.

The Marine Corps did not identify the Marine who was aboard the MV-22 Osprey tilt-rotor aircraft that crash-landed at Bellows Air Force Base in Windward Oahu on Sunday. Two other Marines remain hospitalized in stable condition after the accident.

On Tuesday, the Marine Corps identified the first Marine killed in the crash as 24-year-old Lance Cpl. Joshua Barron of Spokane, Washington. A total of 22 Marines were involved in the accident. REUTERS

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I took a DNA test to learn how to eat and exercise

Health. DNAFit offers highly personalized health advice.

The DNA swab is quick and easy. / FILE PHOTO

I was always the second-to-last kid picked in gym class.

I blamed it on my parents; my mom told me she was also infamous for her lack of athletic talent.

Finally, I had the chance to settle once and for all whether my genes were to blame when I got an e-mail from DNAFit: "We understand that identifying and maintaining a fitness or weight-loss regime can be a frustrating and confusing experience. This is where understanding our DNA can help. … DNAFit's noninvasive saliva test allows the optimal diet and exercise program to be developed, personal to you and your genetics, to maximize results."

I swabbed my cheek and sent it in for analysis, taking all of two minutes.

A few weeks later, my results were back, and it was time for me to chat with Craig Pickering, an Olympic sprinter and sports scientist.

Pickering explained to me how the company comes up with its fitness and diet recommendations. "All of the genes have at least three peer-review studies behind them — some have 200, but they all have at least three," he said. "We are certain the genes have the effect we say they have."

The way the DNAFit diet and fitness reports work is that each section examines a trait, such as sensitivity toward carbohydrates or pace of post-exercise recovery, and lists the genes responsible.

Olympic sprinters

99%

Pickering pointed out that I possessed the CC alleles for the ACTN3 gene, which means I'm better able to produce type II muscle fiber — also known as "fast-twitch" muscle fiber. Pickering said 99 percent of Olympic sprinters have at least one C allele.

I learned that my body was better suited for power exercises than endurance exercises; DNAFit advised that, given my genetic profile, my workouts should be split into 58 percent power (sprinting, high-intensity workouts) and 42 percent endurance (long-distance running) training.

The test also showed that I had a "very high" VO2 max score, which measures how effectively a person's body uses oxygen during exercise.

"It means it would potentially take you less training to get fit than it takes me," said Pickering, to my surprise.

My report also said that I recover very quickly between workouts.

"So I don't really have an excuse? I'm very unfit," I said.

"No, you don't have an excuse," he responded.

Quoted

"Your genes are theoretically better than mine, and I'm an Olympic runner."

Craig Pickering

Pickering and I moved on to diet, and much to my delight, I learned that I had a very low risk for developing weight issues from fats and oils.

"You can probably put butter on everything," said Pickering.

I asked him if I could eat one slab of bacon every day. "Two," he responded.

I discovered that I had a below-average risk of developing weight problems from carbohydrates as well. This report was starting to become one big ego stroke.

Only when Pickering and I went over my elevated risk of developing health problems from the carcinogens in grilled or smoked meats did I feel a bit devastated.

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2

CULTURE

Twitter feed

Today, Tyra Banks is famished, Mandy Moore doesn't like puzzles, Taye Diggs is heading back to Broadway, Kirstie Alley has trust issues and Katy Perry is feeling pretty satisfied.

@tyrabanks: Hungry.

All. The. Time.

@TheMandyMoore: Woke up still confused by the man seated next to me on the plane last night with a full on rubik's cube.

@TayeDiggs: Big big ups to the cast of Hedwig. So hyped to tackle this role of a lifetime. Hoping I do it justice. I'm grateful.

@kirstiealley: Deep jet lagged thoughts: victims only tell what's been done to them. They never speak of what they've done to others...Could be useful

@katyperry: Today, I ate tacos...on a beach...by myself... with no phone. Today was perfect

1 Oh good, more Gwyneth Paltrow parenting quotes

Let it be known that Gwyneth Paltrow has relaxed her attitudes about exactly what her two kids are allowed to ingest, finally ending the embargo on "bad" foods, she tells Women's Health. "My food philosophy is nothing should be ruled out," she tells the magazine. "I don't believe in saying, 'You're not allowed that.' If my kids want a Shirley Temple with the radioactive cherry in it, go for it, you know?" So she's gone from outright banning foods she deems inappropriate to laying on some next-level laissez-faire parental guilt-tripping? High marks, ma'am.

Oh, and if you're interested in getting that Goop-endorsed glow that Paltrow rocks on the magazine's cover, it's actually really simple. She says she just believes in "exercise, laughing, having sex, being yourself." So if you're not getting the results you want, clearly you're doing one of those wrong.

ALL PHOTOS GETTY IMAGES

2 Olsen twins to Netflix: 'You got us, dude!'

So remember all that talk about how Mary-Kate and Ashley Olsen had no interest in doing "Fuller House" and that was fine because their former co-stars didn't want them around anyway? Yeah, about that. A source tells Life & Style that the twins have had a change of heart and are signing on to reprise their shared role as Michelle Tanner for the Netflix reboot. "They figured it would be a good break from their usual work routine to go and join their old cast members," the source says. "They are both going to join in the reunion in some capacity." This, of course, raises more questions than it answers — like how do you work in two very famous actresses for one part? Or will Michelle have a long-lost evil twin? And what exactly is the Olsen twins' "usual work routine"?

THE WORD

Ned Ehrbar takes on the world of gossip.

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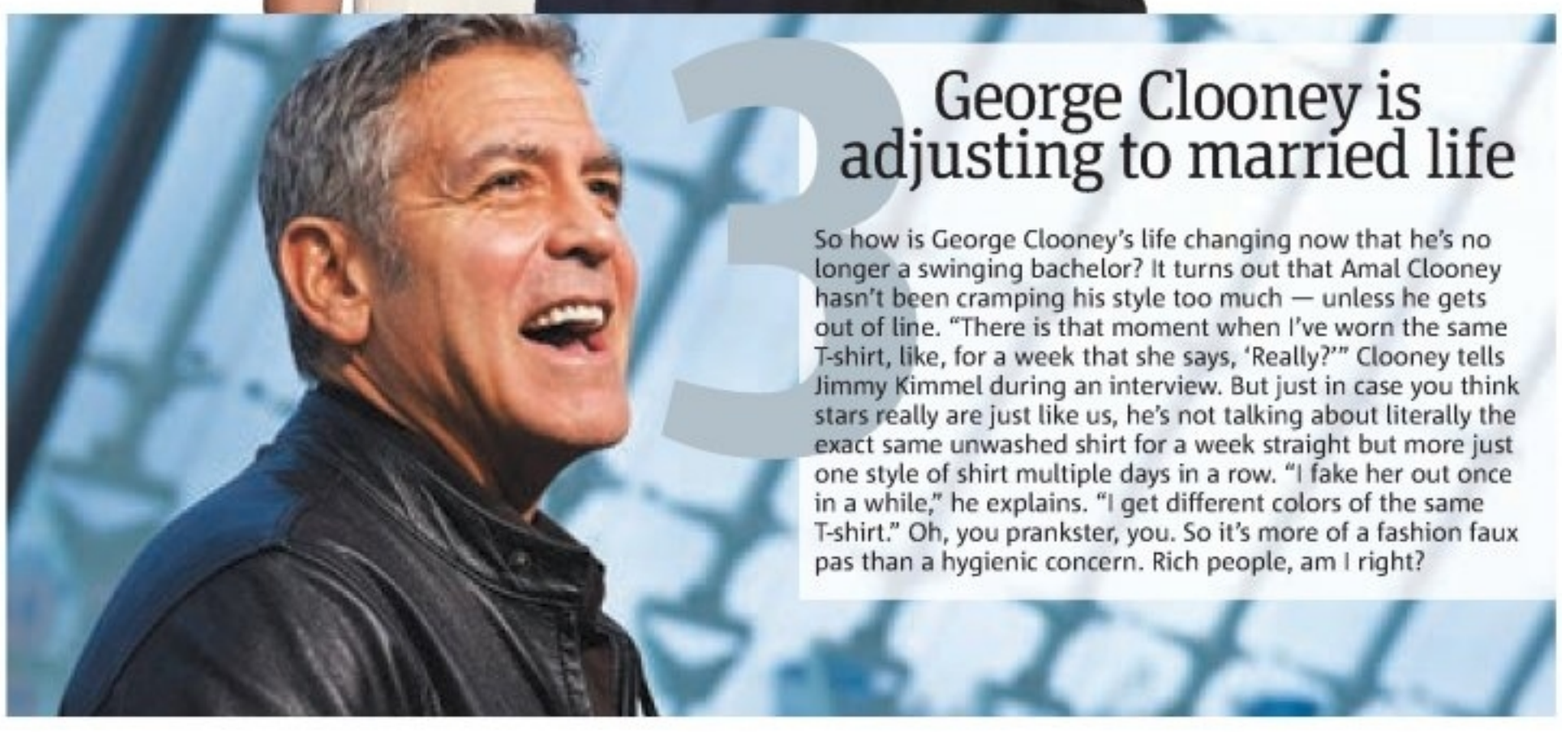

3 George Clooney is adjusting to married life

So how is George Clooney's life changing now that he's no longer a swinging bachelor? It turns out that Amal Clooney hasn't been cramping his style too much — unless he gets out of line. "There is that moment when I've worn the same T-shirt, like, for a week that she says, 'Really?'" Clooney tells Jimmy Kimmel during an interview. But just in case you think stars really are just like us, he's not talking about literally the exact same unwashed shirt for a week straight but more just one style of shirt multiple days in a row. "I fake her out once in a while," he explains. "I get different colors of the same T-shirt." Oh, you prankster, you. So it's more of a fashion faux pas than a hygienic concern. Rich people, am I right?

4 Cate Blanchett clears up same-sex relationship history

There was a bit of a hubbub last week when Cate Blanchett told Variety that she has had relationships with women "many times," and Ms. Blanchett would now like to clarify that last bit, if you don't mind. The topic came up because Blanchett stars in the lesbian drama "Carol," which was a hit at Cannes. "Have I had sexual relations with women? The answer is no," she says, adding that the part of her interview where she clarified that the relationships she was referring to weren't sexual had been edited out. The article's author, though, stands by his work, insisting Blanchett was accurately quoted.

Daily video

ANNA AKANA, YOUTUBE

How about a gender-swap cop show?

The latest video from wickedly funny YouTuber Anna Akana takes the world of police station misogyny and flips it on its head, swapping genders for the aptly titled "Women Can Be Dicks Too." And well, yes. Yes, they can. Especially when they're taking in the tight khakis of the only male detective in the department — gamely played by Akana's boyfriend, Brad Gage. Is it bad that they make sexual harassment look kind of cool?

James Corden has had a ball on "The Late Late Show" since taking over for Craig Ferguson. / GETTY IMAGES

James Corden: What Letterman means to me

Television. The "Late Late Show" host recounts, in his own words, what he learned about the job from Letterman.

GETTY IMAGES

"I didn't grow up here, and David Letterman wasn't on in Britain," James Corden says, speaking earlier this week at the CBS Summer Soiree. "The first time I ever came to America was in 2006 for 'The History Boys' on Broadway. I was staying in what can only be described as an awful apartment in Manhattan, and about a month in, I got incredibly homesick. I'd never been away that long before, and I would go home after every show while a lot of the cast would go out. I just wasn't in the mood for it.

"I didn't know about this phenomenon of late-night television that airs at midnight and 11:30 every night. I would get into bed feeling very homesick, not being able to call home or speak to my parents or sisters, and I would put the TV on, and there was this guy. I found a connection with him in the way that so many others have — and in a much deeper sense, over the last 30 years — where it suddenly became clear to me what the power of a late-night host is. It is that you're checking in with a friend. Suddenly, that last hour of my day stopped being a time where I wished I could ring my parents but became a time where I would really look forward to seeing what this guy was going to do tonight or what he was going to say. He was talking to me, directly to me, in bed. Then I realized the theater was right around the corner. I didn't even know that! So I would go, and I would walk past it every day.

"If someone told me in 2006 that I would be the person following that show and have something to say, I would never have believed them. And now I'm here saying I still sort of can't. It's not lost on me that it's an absolute honor to be in my position. I don't know how long our show will last, but to think there might be somebody somewhere in one place who finds that connection with our show that I found with his those lonely nights would be thrilling for us.

"I sent him an email at the start of the show asking him if we could do an interview with him in his theater, and he sent me the loveliest email, and he said, 'I hope you don't mind, I'm not going to do the interview. I think people are sick of hearing from me.' And I remember thinking at the time he couldn't have been more wrong, and I still think that now."

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A few too many lows to match the highs in 'Submission'

"The Submission" tackles tricky questions about authorship and identity. / RICHARD HALL, SILVERLINE IMAGES

If you go

"The Submission"
Through May 30
BCA Plaza Theatre
539 Tremont St., Boston
$25-$30, Wednesday pay what you can
617-933-8600
ZeitgeistStage.com

Review. Zeitgeist's latest production is a bit of a mixed bag.

Zeitgeist Stage Company's current production, "The Submission," contains some powerful, emotionally challenging moments that'll make you squirm uncomfortably in your seat. Unfortunately, there are also moments that make you wish you had the ability to call for a rewrite or, at least, a fast-forward button.

Despite the script's shortcomings, the production itself is quite good, in large part because of the impressive performances by Aina Adler (Emilie) and Victor Shopov (Danny). The duo push each other's buttons with such disturbing, passive-aggressive authenticity that it's nearly impossible to figure out where you stand on the issues at the core of the story.

The plot involves a neurotic, gay, white playwright who writes a great play based on a bad experience he had with a verbally abusive teen on the subway. He enters the play into the Humana Festival of New Plays using the pseudonym Shaleeha G'ntamobi, hoping the implication of an African-American playwright will increase his chances of being accepted.

Of course it does, (there are no surprises in this incredibly predictable plot), so he then hires Emilie, an African-American actress, to play the part of himself in exchange for a portion of the anticipated profit. Adler superbly charts Emilie's journey from dismay at being asked to participate in this crazy scheme, to eager co-conspirator, and finally outraged victim with some of the finest acting of the season.

It doesn't hurt that Shopov matches her stellar performance with Danny's painful journey of self-discovery that leaves the audience with disturbing questions about race, gender, orientation and the divisive nature of intolerance.

Playwright Jeff Talbot creates two other characters who, despite the best efforts of Diego Buscaglia and Matthew Fagerberg, feel like annoying plot contrivances with about as much believability as cardboard cutouts. This, and the staggering predictability of the plot, render "The Submission" a toss-up, despite the best efforts of Zeitgeist.

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TV watch list

DRAMA

'Wayward Pines'

Ethan is still trying to figure out what happened to his dead former colleague but makes some progress on the topic of why everyone always answers every phone call in the town. 9 P.M., FOX

VARIETY

'Red Nose Day'

NBC has all sorts of famous people stopping in for this event, which aims to raise money for impoverished children in the U.S. and internationally. Sam Smith, Jennifer Hudson, John Legend and Will Ferrell are all appearing. 8 P.M., NBC

TALK SHOWS

'The Tonight Show Starring Jimmy Fallon'

If you're mourning your Letterman-free evening, you might try tuning in for "The Tonight Show," which offers the soothing comforts of Dwayne Johnson and a Meghan Trainor performance. 11:35 P.M., NBC

Juliette Lewis just finished solving mysteries on "Secrets and Lies," so now she's solving some on "Wayward Pines." / LIANE HENTSCHER, FOX

MOVIE

'Friends with Benefits'

Justin Timberlake and Mila Kunis try to separate sex and love, but the important thing to remember is that this is the movie where Timberlake gets stuck in the Hollywood sign. 7:30 P.M., FX LISA WEIDENFELD

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The Decemberists with tUnE-yArDs

Sep. 23, Blue Hills Bank Pavilion

Nick Jonas

Sep. 10, House of Blues

Catch 22

July 17, Brighton Music Hall

Dengue Fever

Sep. 10, Brighton Music Hall

Fly Golden Eagle

July 21, Great Scott

Young Rising Sons, Hunter Hunted

Aug. 5, Sinclair

Nick Jonas GETTY IMAGES

Vance Joy to the world

The Australian singer-songwriter is catching the ears — and eyes — of fans across the globe.

RICHARD PECKETT
richard.peckett@metro.lu

He may look like a heartthrob, but Vance Joy claims he's awkward around girls. PAUL C. CARTER

"I think there was a chance that 'Riptide' wouldn't have made it out there," nonchalantly admits Vance Joy, who initially thought that the track wasn't any good. The Australian singer is speaking about his multi-award-winning summer anthem, which received a perfect score at the prestigious International Songwriting Competition — the first time this has happened in its 18-year history.

An unexpected hit

Joy — real name James Keogh — describes it as "funny how that song came together," referring to the fact that it was over four years in the making. Not fast by any means, with the ukulele-plucking singer-songwriter almost unnecessarily explaining, "It takes me a long time, and I usually sit on it until it comes to fruition."

Apparently, part of this gestation period sees new material incubate messily among other unfinished works on the floor. Fortunately for the fans of "Riptide," the pop-folk artist was more expedient with the release of his debut album than the "Dream Your Life Away" title suggests, dropping it in September 2014.

Buds with Taylor Swift

Joy, whose platinum single was covered by Taylor Swift for BBC Radio 1's Live Lounge, is now the support act for the American leg of her "1989" World Tour. Not that the softly spoken 27-year-old is overwhelmed by global superstars like Swift: "I just remind myself that they are totally normal, and that they have the same kind of insecurities as everyone else."

Famous, but still pretty awkward

That said, Joy is still, as his "Riptide" lyrics reveal, "scared of pretty girls and starting conversations." "I find that a lot of those things about your personality don't change," he says. "I guess people come to your shows and have an expectation about what you'll be like, but I prefer to meet someone on an equal basis. I guess it comes down to practice, practice, practice."

Rock star status

But surely Joy — all 6-feet-4 of him and a former soccer player — isn't falling flat on the female front? "I got a couple of requests from girls who wanted me to come to their prom," he says, before qualifying any hint of bravado with, "I'm no Justin Bieber." He's a modest, gentle giant, with a writer's introspection, minus the raucous hedonism that takes place in the video "Mess is Mine," which randomly sees a polar bear driving a taxi for randy delinquents.

"I've asked a couple of cab drivers to pull over just after a big night a couple of times, but I never did a runner like a lot of my mates at high school. They'd steer the cab toward the park and then run out, but I never had the balls for that," says Joy.

His vice, or innocent bit of escapism rather, is to watch the odd basketball game or play Frisbee (clearly, the soccer days are very much over). "It's a game for a man who doesn't want to get injured," quips Joy with tongue firmly in cheek. "Mr. Sensible" maybe, but rightly so, because as Joy says, when you get up on stage, "there are a lot of expectant faces" — and after such an auspicious start he wouldn't want to disappoint.

Fast facts

- Vance Joy's moniker was taken from "Bliss," a book by Australian author Peter Carey.
- He has an arts/law degree from Monash University, Melbourne, Australia.
- He's the only Triple J Hottest 100 winner to receive the accolade without releasing an album.

Vance Joy in concert

May 24
Boston Calling
1 City Hall Sq., 617-635-4500
Ticketmaster.com

Also onsta

BRANTLEY GUTIERREZ

The Rentals

Thursday, 8:30 p.m.
Middle East Downstairs
480 Mass. Ave., Cambridge
$17-$20, 18+, 866-777-8932
TicketWeb.com

The Rentals is the project of ex-Weezer bassist Matt Sharp, who left the geek-rock outfit after their seminal album "Pinkerton" — not too surprising, since the upbeat synth lines and happy boy-girl harmonies of the Rentals' 1995 debut contrasted, well, sharply with Weezer's increasingly moody, abrasive music. The Rentals have continued to evolve with Sharp's interests, embracing an ever-changing cast of collaborators.

PROVIDED

Allen Stone

Friday, 7:30 p.m.
Arts at the Armory
191 Highland Ave., Somerville
$30, 800-745-3000
Ticketmaster.com

Seattle-based singer-songwriter Allen Stone describes himself as a "hippie with soul," and takes major influence from musicians like Stevie Wonder and Marvin Gaye. Like both, he doesn't just want to bring the party — many of his songs contain social commentary as well. His latest album and his first with Capitol Records, "Radius," drops May 26.

MATTHEW DINARO

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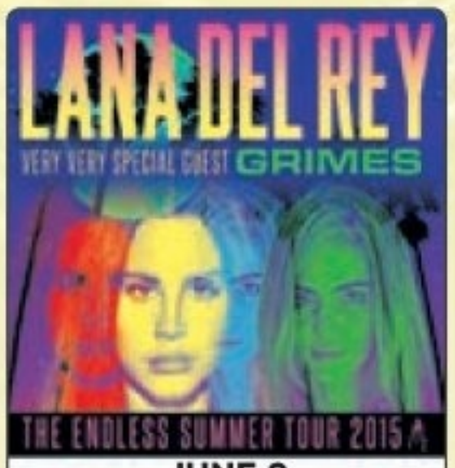
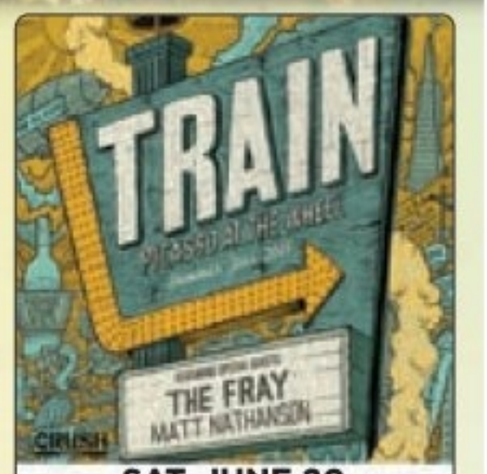


JUNE 9

FRI. JUNE 12

JUNE 14



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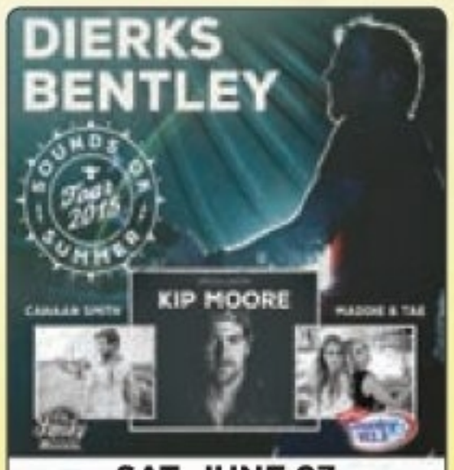
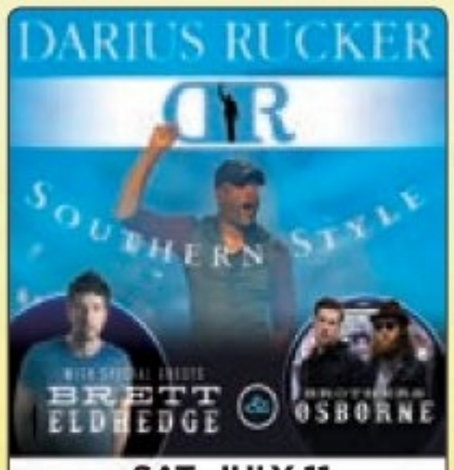


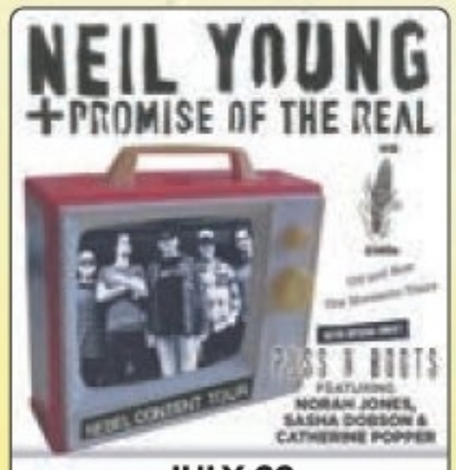
SAT. JUNE 27

JULY 9

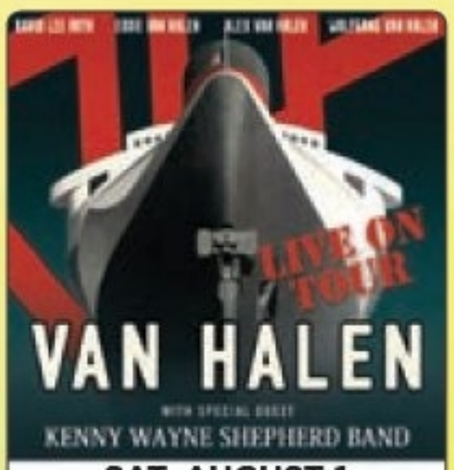


SAT. JULY 11

JULY 12



JULY 22



SAT. AUGUST 1

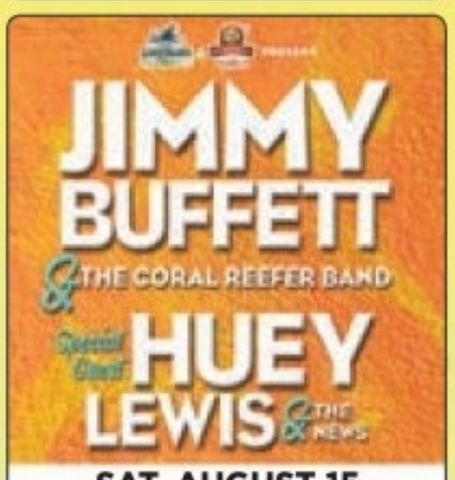
AUGUST 2

AUGUST 4

AUGUST 6

FRI. AUGUST 7

FRI. AUGUST 14



SAT. AUGUST 15

AUGUST 18

FRI. AUGUST 28

AUGUST 30

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Looking for things to do on the Cape? We've got some ideas.

MATTHEW DINARO
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We're not sure if this is an official rule or anything, but we're pretty certain Memorial Day weekend officially marks the beginning of goofing off all summer. It's a little early, of course, and not that warm out yet, but we feel firm on doing nothing but fun things on our weekends until September. With that in mind, we've gathered a special list of things you can do in one of our favorite vacation spots, Cape Cod, both for the holiday weekend, and throughout the summer.

THEATER

'Failure: a Love Story'

Through June 7
Cape Rep Indoor Theater
3299 Rt. 6A, Brewster
$28, 508-896-1888
www.caperep.org
Cape Rep Theater presents this musical play by Phillip Dawkins, in which the actors, according to the synopsis, play "all of the people, the animals, the music and most of the inanimate objects." It relates the mysterious fates of the Fail sisters, Nelly, Jenny June and Gerty, who work a clock repair shop — think the clocks are played by people?

'Lonely Planet'

Tuesday through June 7
The Provincetown Theater
238 Bradford St., Provincetown
$25-$30, 508-487-7487
www.provincetowntheater.org
This play by Steven Dietz centers on friends Jody and Carl, both gay men struggling to keep their heads screwed on in the height of the AIDS crisis of the 1980s. Dietz wrote the play not in retrospect years later, but during that very crisis, when the bewilderment and shock of it was still distressingly fresh.

MUSEUMS

The Heritage Collection

Ongoing
Heritage Museums and Gardens
67 Grove St., Sandwich
$18, 508-888-3300
www.heritagemuseums andgardens.org
The Heritage Museums and Gardens celebrates the return of its permanent collection in a new space this season. The collection, with more than 12,000 items in all, runs the gamut from paintings to rare books to coinage, firearms, military miniatures and a classic carousel from 1908. Also, this week is the Rhododendron Festival, surrounding visitors with thousands of glorious flowers.

ART

Emerging Within: Abstract Photography by Julie DeMello

Through June 14
Woodruff's Art Center
1 N. Market St., Mashpee Commons
Free, 508-477-5767
www.woodruffsartcenter.com
This exhibition features new works by Falmouth-based photographer Julie DeMello, who draws continual inspiration from the ponds and streams of the Cape, in which she finds a natural form of abstract art. Her images look almost computer-generated, but DeMello uses virtually no processing or effects, instead just capturing the way the running water plays with the sunlight streaming down through it.

TOURS

Barnstable Village's Ghost Hunter's Tour

Ongoing
U.S. Coast Guard Heritage Museum/ Old Jail
3353 Main St., Barnstable
$20, 508-241-1151
www.caiprs.com
The Cape may be known for fun in the sun, but it also has its bumps in the night, and this tour might show you a few. Your guide will take you through some reputedly haunted Barnstable spots over the course of three hours, and you'll get to try out some authentic ghost hunter equipment. You're encouraged to bring a camera.

It's a required part of any Cape trip to see some picturesque lighthouses. ISTOCK

OUTDOORS

Wings over Wellfleet

Saturday, 9 a.m. to 2 p.m.
Wellfleet Bay Wildlife Sanctuary
291 State Highway, South Wellfleet
$11, 508-349-2615
www.masaudubon.org
Bird lovers won't want to miss this morning and afternoon of avian activities at the Wellfleet Bay Wildlife Sanctuary, including bird walks and kayak trips, special presentations on bird banding (the means by which scientists track birds) and the subtleties of bird beaks, a tutorial on how to learn bird calls via iPhone app and more kid-oriented activities.

MUSIC

Rossano Sportiello and Frank Tate

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Pack your bags and head to the Cape

Tuesday, 7:30 p.m.
Woods Hole Community Hall
68 Water St., Woods Hole
$20, 508-495-0738
www.jazzfestfalmouth.org
Italian jazz pianist Rossano Sportello came to prominence with the Milano Jazz Gang, but he's also released 25 solo albums and performed with a laundry list of modern jazz luminaries. So we suspect he knows his stuff. Bassist Frank Tate has his own laundry list to boast of, as well, with a bit of a history on the Cape, but mostly in New York and Washington, D.C. Can we still claim him as a local?

SHOPPING

Dennis Village Memorial Day Craft Show

Saturday, 10 a.m. to 5 p.m.
Carleton Hall
1006 Old Bass River Rd.
Free, 508-364-5417
www.capcodchamber.org
You're on vacation: Go ahead and buy something! It's the American way. This annual crafts fair at Dennis' historic Carleton Hall is full of handmade items — some edible, some wearable, some art, some functional, some both — created and sold by local artisans. Sure, you could just get some silly fridge magnet or T-shirt to bring back from your trip. But wouldn't that watercolor look great over the mantle? Just make sure you know whether you're buying edible art, or the display variety.

MUSIC

PROVIDED

Camela Widad

Monday, 7:30 p.m.
Cotuit Center for the Arts, 4404 Falmouth Rd., Cotuit, $5, 508-428-0669 , www.artsonthecape.org
Singer-songwriter Camela Widad is this week's featured artist at Cotuit Center for the Arts' Trespass Music Monday. Her strongly melodic songs have a mix of pop, folk and country elements, with an upbeat sensibility that's hard to dislike. Her passionate, warm voice conveys her tales of love so fully she almost doesn't need lyrics — but she writes 'em anyway, 'cause you gotta.

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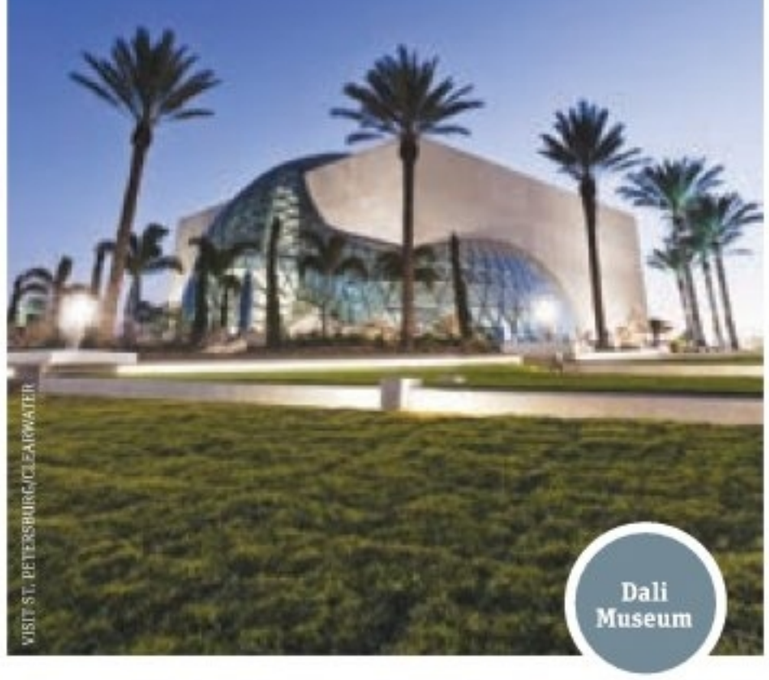

VISIT ST. PETERSBURG/CLEARWATER

Dali Museum

Disney, beaches and oranges are the things most commonly associated with Florida, but if you're more interested in Monet than Mickey Mouse, the Sunshine State also has a wealth of art museums.

One of the best is the Salvador Dali Museum in that vacation haven, St. Petersburg. The Spanish surrealist was friends with the museum's founders, Reynolds and Eleanor Morse, and what began as their private collection became this world-class museum with 1,300 of the artist's works, the largest such collection outside Europe. It's especially good if you want to see his early works, particularly his more conventional landscapes.

St. Petersburg also has the Museum of Fine Arts, with a permanent collection that's one of the finest in Florida and includes Renoir, Monet, Cezanne, Willem de Kooning, Georgia O'Keeffe and many more.

> **Reynolds and Eleanor Morse's private Dali collection is now a world-class museum.**

Not surprisingly, Miami has a large number of good art museums, with one of the most popular being the Perez Art Museum Miami in Museum Park. It displays 20th and 21st century art with a remarkable collection of Latin American works in particular, reflecting Miami's diverse population. The Frost Museum also has an extensive collection of contemporary Latin American and American art, while European art is more the focus at the Bass Museum of Art in Miami Beach.

Orlando also has a thriving arts scene and an outstanding museum in the Mennello Museum of American Art in Loch Haven Park. It's only small compared to the other museums mentioned, but with a focus on American art, the museum certainly has depth. It contains a wide selection of extraordinary work by the primitive artist Earl Cunningham and a lovely lakeside sculpture garden. So remember: Florida can be about Dali, not just Disney. **INSIGHT GUIDES | MIKE GERRARD AND DONNA DAILEY**

Mennello Museum of American Art

JULIE FLETCHER, VISIT FLORIDA

Perez Art Museum

ARMANDO CELI, SUMANNYOFMIAMI.COM

How to cruise the Yucatan Peninsula

ALEX HAVRETT/APA PUBLICATIONS

Snorkeling tour in Cozumel

For cruisers who want a taste of Mexico's stunning Caribbean coast, head to the beautiful island of Cozumel.

The most common route is to dock on the island — where you will typically find several ships lined up in a row — and book a shore excursion to the mainland either through your cruise line or a tour operator. How much time your ship spends in port will determine how much of the Yucatan you can see.

For those who are staying late into the evening (as some Carnival ships have started doing recently on the nights they have concerts onboard) you can swim in a cenote (an underground river that runs through caves) or check out Chichen Itza, the area's most famous Mayan ruin. It's a long day, but both are worth the trek in from the island. Then again, so are the beaches — which are lined with palm trees and sit on clear blue water. And don't forget the snorkeling, especially since the reef here is the second largest in the world.

INSIGHT GUIDES | SHERRI EISENBERG

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Chichen Itza

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Set sail for a family getaway

COURTESY OF NAUTICUS, NORFOLK, VA

Norfolk, Virginia, promises so many real-life nautical, artistic and nature adventures, the kids just might abandon their tablets and online games.

Start at Nauticus (**www.nauticus.org**), the massive exploration center on the Elizabeth River. It's all about everything on, under and around water. Stand on the observation deck while watching ships and tugs sail by and learn about maritime commerce. Command a submersible exploration vehicle and collect samples via a robotic arm. Budding meteorologists analyze weather patterns, experience storms in a hurricane simulator and discover the latest in tsunami research. There are shark touch tanks and marine life labs for future marine biologists.

The battleship Wisconsin is berthed here. A self-guided tour is included in the admission fee. For an additional cost, the Topside Tour visits other areas, including the Captain's Quarters and bridge. It's a 90-minute tour for those 8 and up.

Take a tour of the Captain's Quarters on the battleship Wisconsin.

Norfolk is the world's largest naval base. See the aircraft carriers, destroyers and subs from the water on a two-hour narrated cruise (**www.navalbasecruises.com**) or a 45-minute bus tour. If you're lucky, one of the massive ships will be in the even more massive dry dock.

Find a complete change of pace at The Chrysler Museum of Art (**www.chrysler.org**). The most kid-friendly gallery is the Ancient Worlds exhibit with its Egyptian mummies. There's a create-your-own art studio too. Kids 10 years and older (and their parents) can take a class in glassblowing, flame working, or stained glass and finish with a unique souvenir.

The Norfolk Botanical Garden's Children's Adventure Garden (**www.norfolkbotanicalgarden.org**) is good for a half-day. In good weather, get wet with the bubblers, foggers and sprays at the interactive play area. Elsewhere, there's a "dirt factory" with an oversized tree house, where it's all about bugs and soil, and a "living wall" edible garden.

There are lots of packages available, including some family-oriented ones, which include admissions and lodging, at **www.visitnorfolktoday.com**.

INSIGHT GUIDES | FRAN SEVERN

Don't miss

- **Harborfest:** This free festival features a tall ship sail-in, a "build a boat and will it float" contest, a tugboat muster, traditional Chesapeake Bay work boats and Saturday night fireworks. **June 5 to 7**
- **Doumar's:** An ice-cream lover's shrine, Doumar's is where the waffle cone was invented. Enjoy ice cream floats and sundaes, hot dogs and burgers, all with curbside service. **www.doumars.com**
- **Chocollage:** Near Nauticus, this mother-and-daughter-owned bakery is famous for homemade desserts. **www.chocollagebakerynorfolk.com**
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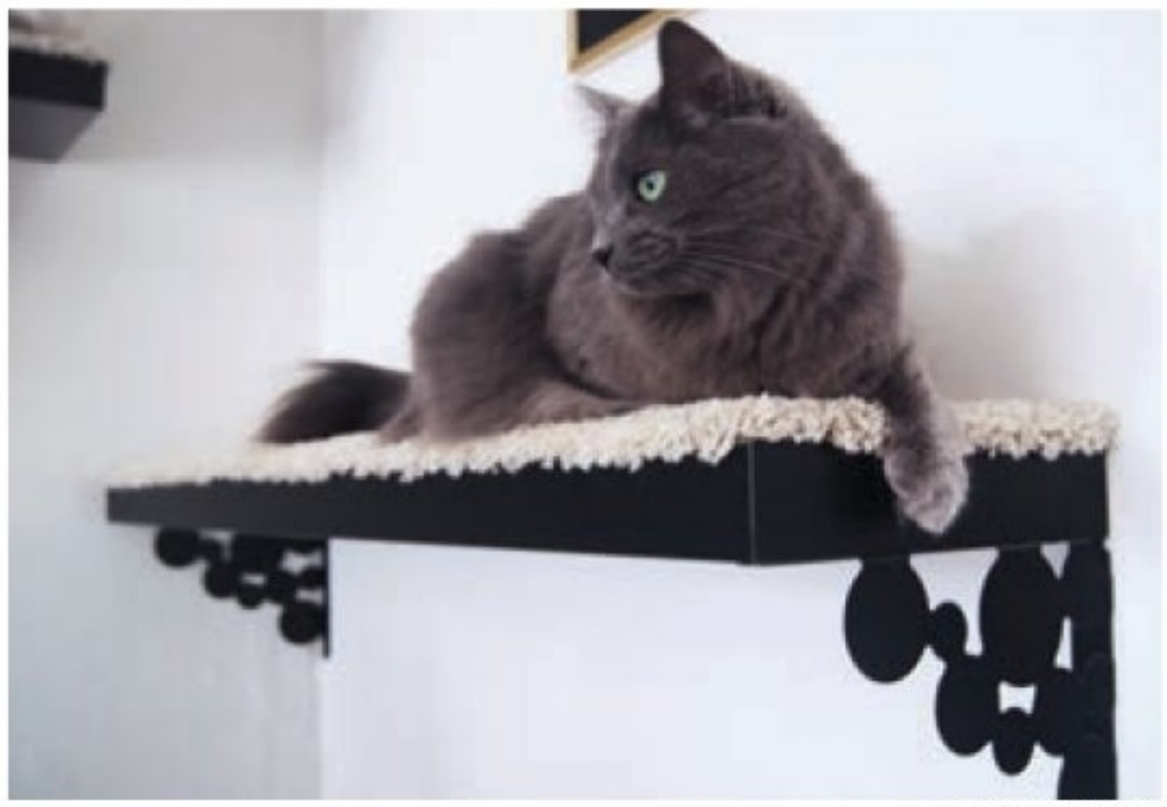

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Bring a DIY spin to your pet's life with these projects.

MARIANNE HAYES
@MetroBos
letters@metro.us

Love to pamper your pet? Even if you aren't the craftiest person around, some of the most creative DIY pet accessories actually aren't that hard to pull off. We've tapped three do-it-yourself experts who are here to share some of their favorite pet projects. Read on for a handful of super-cute, totally easy accessories your favorite four-legged pal is sure to love.

Crate bumper pads

Who says cushy bumper pads are only for cribs? Amanda Green Bottoms, the female half of Kevin & Amanda, breaks down the ins and outs of cozying up your pet crate.

"Easy DIY custom crate covers and bumper pads make cold, metal dog crates more comfy, cozy and inviting — not to mention cute!" she says.

To pull it off, she advises choosing a doggie bed first. (This is actually something she wishes she'd done the first time around.) After you've decided on the right bed, all you need is coordinating fabric to match and some thick foam for the cushion.

After encasing the cushy foam in the fabric, the next step is to create the crate cover, which is essentially just more fabric and some cute ribbon to cover up the raw edges. The finished product looks like a chic dog crate from an expensive pet boutique.

Ikea-hacked cat tree

Most cat lovers can attest that felines love to climb. (TV stands, dressers and bookshelves are usually fair game.) The typical alternative is one of those fuzzy cat trees. While the cat is happy enough, the pet owner is left with an eyesore in their living room.

"When I wanted to get my cats Taiyo and Vashti a nice cat tree, I quickly became aware that there are hardly any nice-looking options that are also affordable," says Tatiana Vandersluis of Tatiana's Delights.

"At first, I bought a 'regular' cat tree, but that was too bulky in my small apartment."

Enter the new and improved cat tree, which is really nothing more than carpeted wall shelves.

"My DIY skills are very limited," admits Vandersluis. "However, with these cheap Ikea pieces, it was extremely easy to create a cat tree that me and my cats are still happy with today."

Upgraded pet food canisters

A bulky bag of pet food in the pantry not only takes up tons of space, it also invites bugs and other pests into your home. Cheryl Sousan, the creative genius behind Tidy Mom, has a better idea.

"It's a knock-off idea," she says, adding that the retail version sells for upwards of $50. "This cost me very little to make and looks much better than a dog food bag sitting in our kitchen."

All you need to swing this project is an old popcorn tin, some spray paint and a few stencils. Sousan actually used a Christmas-themed tin she found at a garage sale for 50 cents. She uses hers for dog food storage, but they can be repurposed to hide any number of things.

Horoscope

♊ Gemini | May 22-June 20
Communicating with a distant friend or relative will remind you of your earlier goals. Revisit those ideas and start researching ways to get yourself back on track.

♋ Cancer | June 21-July 22
It may be flattering to be the object of attention, but a charismatic con artist may be leading you on. Rumors and gossip can fuel resentment and jealousy.

♌ Leo | July 23-Aug. 22
Proceed slowly and carefully. You are likely to miss an important detail or opportunity if you are in too much of a hurry. Double-check your work to ensure accuracy.

♍ Virgo | Aug. 23-Sept. 22
Don't let the negativity of others prevent you from getting where you want to go. You will stifle opposition if you move ahead with determination. Your success will be proof that you are right.

♎ Libra | Sept. 23-Oct. 22
Make plans for a solitary day. Trying to get along with others or convincing them to follow your lead will be difficult. You can get more done on your own.

♏ Scorpio | Oct. 23-Nov. 21
You can make great progress by staying focused. Don't get caught up in what others are saying or doing. If you stick to your game plan, you will come out on top.

♐ Sagittarius | Nov. 22-Dec. 21
The benefits of assisting others will be satisfying. Your generous spirit will inspire others, and your popularity will grow. You will gain the attention of an important mentor.

♑ Capricorn | Dec. 22-Jan. 20
Someone will try to set you up for a fall. Be honest and own up to any error you make. Blaming others will make you seem untrustworthy.

♒ Aquarius | Jan. 21-Feb. 18
Romance is in the air. If you are single, this is the perfect time to meet someone special. If you are not, show how devoted you are to your loved one.

♓ Pisces | Feb. 19-March 20
You have control over your future. Educate yourself and make social and business connections that will give you an edge over the competition. Take charge and excel.

♈ Aries | March 21-April 20
Limit your spending. Pay down any charges that are incurring interest. Your hard work will be wasted if you can't stick to a realistic budget. Excess and indulgence are your enemies.

♉ Taurus | April 21-May 21
An entertaining day with family and friends will cheer you up. A game or challenge will shake up your usual routine and provide you with a pleasant and humorous diversion.

EUGENIA LAST

Letters to the editor

Marathon bombing verdict

I believe that the jurors made a grave mistake in the death penalty verdict. It was a horrible sickening crime, and my heart goes out to all those who suffered in the bombing and the whole city. Enough with religious extremism and killing. It does not however, honor the lives of the dead and injured to kill. If killing, unless in a clear-cut case of self defense or to save others), is wrong, and it most certainly is, how can killing to stop killing be right?

I understand the desire for revenge and the rage that can come from such an act of terror, and the desire to inflict the same, but this does not make it right. I am inalterably opposed to the death penalty, and given how young the perpetrator is, I believe it is even more wrong to kill him. He seems like a very confused, disturbed and impressionable young man, and how tragic that someone was not able to help him, so that he did not go on to commit this crime

I also am aware of how the chickens come home to roost. Our government goes abroad, invades countries and kills with impunity any time they like, and they expect no fallout. Then innocent people get murdered and terrorized. We ought to think about this before we drop bombs on innocent people in other countries.

We need to root out the deep causes of violence, reach out to Muslim immigrants and others who may be feeling alienated and angry, stop invading countries, and offer assistance to troubled youth and families, both in terms of counseling, community support and economic help to avert these tragedies.

This is a necessity so that we do not have more people hurt in acts of terror and other violence, and so that we can live in safety, freedom and peace for all, both here and abroad. SHIFRA FREEWOMAN

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

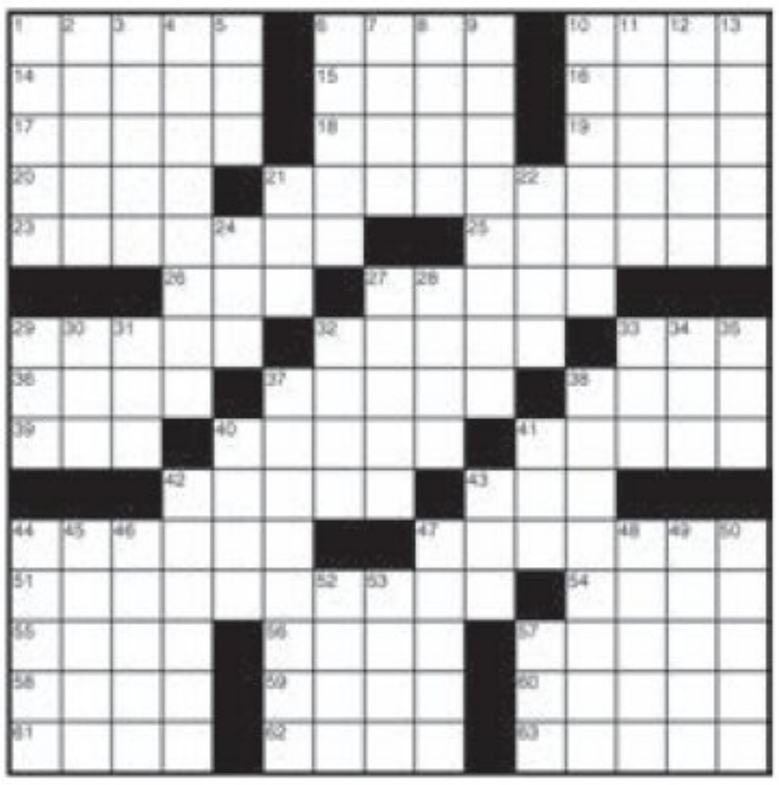
Sudoku: Easy and hard

1		5		6	8	7	3	
	9	6			5		8	
				4		5		
						3		
	7		2	3	6		4	
		1						
		2		7				
	6		5			4	7	
	1	4	3	8		2		6

8				7	6			3
		3		5				
	6	9	2					
6			8		3	2		
3		2				6		9
		8	6		1			7
					2	7	9	
				1		5		
5			3	8				6

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword



Across
1 Circus-hoop hazard
6 Ski lift (hyph.)
10 Naive one
14 Mantra chanters
15 Urn homophone
16 Shangri-la
17 Phoenician port
18 Hammer's target
19 Pleat
20 Interlock
21 Bitter goody (3 wds.)
23 Museum display
25 Like margarita glasses
26 Warmed the bench
27 Kind of eclipse
29 Abigail or John
32 Sheik's bevy
33 Gendarme's schnoz
36 Engineering toy
37 Universe
38 Canary's abode
39 Aberdeen pair
40 Pert
41 Start a PC session (2 wds.)
42 Evenings out
43 Tierra -- Fuego
44 Char
47 Kitchen gadgets
51 Creates chaos (2 wds.)
54 Quit flying
55 Mislay
56 Great Lakes state
57 Herd of cattle
58 Singer Burl --
59 Relax
60 Kathmandu locale
61 Course finale
62 Batik need
63 Ms. Astaire

Down
1 Water chute
2 Type of paint
3 "Witness" sect
4 Tough-guy trait
5 NASA counterpart
6 Doctrine
7 Laugh loudly
8 Indigo plant
9 Put back on the market
10 Happened to
11 Take in a stray
12 Contradict
13 Finished up
21 Young beaver
22 Sir's partner
24 Undergrad degs.
27 Infield covers
28 Paris airport
29 Mi. above sea level
30 Dawn moisture
31 Ottoman title
32 Fervent wish
33 Broken-down horse
34 "I" trouble
35 Koan discipline
37 Not give
38 Caught a crook
40 Resinous substances
41 Spike or Ang
42 Least humid
43 Winter mo.
44 Rip
45 Garlic section
46 Caravan halts
47 Motel extras
48 Wed in haste
49 Opponent
50 Stone monument
52 Naval cry
53 Horrid-tasting
57 Double helix

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3 SPORTS

NFL

Goodell talks Kraft, Brady

NFL commissioner Roger Goodell said Wednesday that Patriots owner Robert Kraft's decision to accept the league's punishment on Deflategate is not related to Tom Brady possibly getting his four-game suspension reduced. "We've had plenty of discussions over the last couple of weeks, and this was his initiative and something he wanted to do," Goodell said. Goodell did not say whether or not he would nix the plan to have him be the arbitrator of Brady's appeal, which was filed by the NFLPA and is still pending. "I look forward to hearing directly from Tom if there is new information or there is information that can be helpful to us getting this right."

Visit **Metro.us** to see the full schedule for the 2015 Women's World Cup.

Sweeney inherits Bruins team with holes aplenty

NHL. Don Sweeney has plenty of work ahead of him these next few weeks, and beyond.

One of Don Sweeney's first decisions as Bruins GM will be whether or not to bring back Carl Soderberg.
GETTY IMAGES

After a month of deliberation, the Bruins finally chose their next general manager, and it is a familiar name to longtime fans: former defenseman Don Sweeney. Like the last GM, Peter Chiarelli (now working in Edmonton), Sweeney played at Harvard. But a key difference is that he also had a lengthy NHL career which included 15 seasons with the Black and Gold.

"Don Sweeney stood out amongst an incredibly talented group of candidates that we considered for hire," said chief executive officer Charlie Jacobs. "He carries a unique and impressive mix of playing experience, front office experience and business acumen. Don has complete understanding of what it means to be a Bruin and we have full confidence in him to steward the organization back to being Stanley Cup contenders year in and year out."

With the NHL Draft and free agency right around the corner, the first big question for Sweeney will be whether to retain head coach Claude Julien or to go in another direction.

In terms of unrestricted free agents, left wing Carl Soderberg and defenseman Adam McQuaid lead the list of players that the Bruins are most likely to retain should the price suit them (the B's have little room to maneuver under the salary cap). Things get murkier when you look at the restricted free agents: Dougie Hamilton is a potential franchise defenseman so he'll be back, but young center Ryan Spooner and right wing Brett Connolly are certainly trade bait for this summer should the right offer appear.

This will be Sweeney's 10th year in the Bruins' front office. He had most recently been the assistant general manager and last season his duties expanded to being GM of the Providence Bruins (Boston's AHL club). That position gave him a first-hand opportunity to interact with so many of Boston's young players like Spooner, gifted winger David Pastrnak and goaltender Malcolm Subban. One of the criticisms of Julien is that he's too reluctant to use inexperienced players who aren't out of the Chris Kelly or Daniel Paille mold of defense-first, two-way players. That shouldn't be the case now with Sweeney in charge. In his introductory news conference, he acknowledged multiple times that offense was Boston's main issue last season.

On the surface, you'd think that Julien's job would be safe for the time being, but Sweeney did not exactly give him a ringing endorsement, only saying that "he's the coach today, for sure." He mentioned the need to sit down with Julien and align their philosophies so that they are on the same page, something which was an obvious issue with Chiarelli as things fell apart and they missed the postseason this spring for the first time since 2007.

Sweeney is only the eighth GM in Bruins history, and as he noted, "I know what it's like to be booed and cheered. Criticism is part of the deal here."

Indeed, that institutional knowledge of the franchise should get him moving at a faster clip than someone who had come from outside.

RICH SLATE
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sports@metro.us

By the numbers

13

The drop-off in wins for the Bruins from 2013-14 to 2014-15 as they captured the Presidents' Trophy with 54 wins last year but earned just 41 victories this past season. It was the first time since the 2006-07 season that Boston didn't make the postseason.

MLB

Red Sox righting wrongs on mound

This is the Red Sox rotation general manager Ben Cherington envisioned going into the season.

After a terrible month in April, where the starters finished with an ERA of 5.75, May has been much better. Red Sox starters have posted a 2.05 ERA in their last six games. Even further, they have thrown at least five innings and have allowed two earned runs or fewer in six consecutive games. They didn't have a streak like that all of last season.

"We had a couple of meetings where we've gotten together and talked as a staff, and we are just trying to go out there and have fun again as a staff and not worry so much," starter Wade Miley said following his start Tuesday night. "Just try and make pitches, eliminate some of the pressure, enjoy the game, enjoy baseball."

Miley is a perfect example of the rotation performing much better of late. In his first four starts of the year, the left-hander had an ERA of 8.62 and threw just 15 2/3 innings. In his last four starts, he has an ERA of 3.04 and has thrown 26 2/3 innings.

The hurlers at the top — Rick Porcello and Clay Buchholz — have also stepped up.

Porcello, in his first year in Boston, has an ERA of 4.26, but in reality he's thrown better than that as he had one poor start against Baltimore on April 19, when he allowed eight runs in five innings. Over his last five starts, the right-hander has gone at least five innings and has allowed three runs or less in four of them.

Buchholz too has performed well aside from two starts that inflated his ERA to 4.93 for the season. Over his first eight starts, Buchholz has had five starts where he's gone at least six innings, allowing three earned runs or less. He gets the start tonight vs. Texas (7 p.m., NESN).

CLAY BUCHHOLZ
GETTY IMAGES

As the season gets into the dog days and the division races, along with the weather, heat up, it is going to be even more important for the starting rotation to continue their upward trend.

"Any time or any team I've been associated with — for a team to get on a prolonged stretch of success, or to stop not having success, comes from pitching," manager John Farrell said. "That's where it has to start, and that's what it has to be led by."

RYAN HANNABLE

FANTASY FOOTBALL: AVOID THESE ROOKIES WHEN DRAFT DAY COMES

There is a sect of fantasy owners that loves the excitement that comes with the unknown. They'll be the ones reaching for rookies not because they're in a good spot — but simply because they're rookies. Guys like Melvin Gordon, Nelson Agholor, Breshad Perriman and Tevin Coleman have upside. Now let's flip it to the negative side: the rookies to avoid in fantasy drafts.

Rookie running back Todd Gurley won't have much of an offensive line to run behind. / GETTY IMAGES

Gurley a ghost

The Rams took Todd Gurley with the idea he'll be their foundation back for the next 6-8 years. But they've already stated they won't rush him back off his November ACL tear, a hint that he could open the season on the PUP list.

Jaguars stink

The allure of the three-down back is hard to resist because it's so rare in today's NFL. Many people, myself included, fell victim to the promises of a massive Toby Gerhart workload last year. The Jags project to be better this year with the addition of Julius Thomas and a step forward from Blake Bortles, but it's still an uphill battle for new feature back T.J. Yeldon.

A cub among Bears

Kevin White is a freak physical specimen, but it remains to be seen if that will immediately translate to the NFL. That concern is amplified when we add in other factors such as market share of targets and a conservative John Fox scheme that will be run-based in an effort to hide mistake-prone Jay Cutler.

NFL news

The NFL's decision to move extra points back to the 15-yard line won't affect fantasy scoring very much. Over the last two years, NFL kickers have made 96 percent of attempts between 31 and 33 yards. Although that four percent difference should make coaches go for two more often, in reality it won't. The one team's players that do get a slight boost are the Eagles, as we know hyper-aggressive Chip Kelly will be among the league leaders in two-point attempts.

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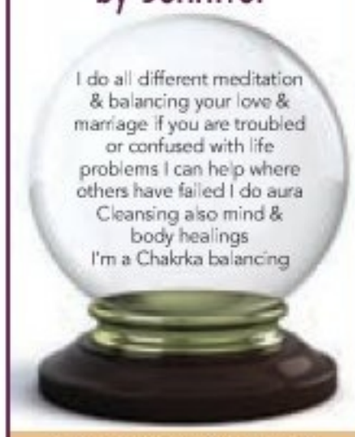

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Pre-college design explorations for high school students.

Join Boston Architectural College's Open House and Portfolio Review Session on Saturday, May 30, 2015 at 11 am to learn more.

SUMMER ACADEMY OPEN HOUSE

Summer Academy capitalizes on Boston as an urban laboratory to explore and develop fundamental skills and highlight the role quality design plays in shaping and improving the communities in which we live. Our month-long series of studios focuses on building design and critical thinking skills including drawing, collage, photography, model-making, and mapping of complex systems. Students will come to appreciate that design also serves as a lens through which they focus on other disciplines including history, science, and English. They will work with new materials and discover new ways of imagining the world that surrounds them.

COLLEGE ADMISSIONS PORTFOLIO REVIEW

For students interested in applying to college academic disciplines that require the submission of a portfolio, the Boston Architectural College is holding a brief discussion on techniques that make certain portfolios stand out from the rest. If your child brings his or her portfolio to the review, we will work individually to help organize and edit it for strength of presentation, while maintaining its uniqueness.

Space is limited. Please RSVP at **summer@the-bac.edu.**

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OPEN HOUSE AND PORTFOLIO REVIEW SESSION

SATURDAY, MAY 30 AT 11 AM

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